

**TITRE / TITLE**

The Fifth Province Approach: Diamonds as an Aid to Navigate Complexities in Practice and Supervision – in the area of Child Abuse

THEME / THEMATIC

VOTRE PROPOSITION D'ATELIER / YOUR WORKSHOP PROJECT

Merci de sélectionner votre thématique parmi les choix suivants / Please select a topic among the different themes :

Outils cliniques / Clinical Tools

AUTEURS / AUTHORS

Liste des auteurs / authors :

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TEXTE / TEXT

Abstract : This workshop presents a focus on the fifth province methodology based on the original work of Irish family therapists: Nollaig Byrne, Phil Kearney, and Imelda McCarthy. The approach, especially the use of the diamond tools is ideal for applying to complex systems of which one is a part – participant or intervener. The purpose of the workshop is to enable an analysis of the help-giving situation - who is asking us to do what and for whom; and to foster more reflective positioning and knowledge of self. There is a particular focus on the paradox of ambiguity and how the principles of openness, clarity, and accountability in relation to professional roles/positions, assessment and interventions in the area of child abuse. It will be presented through case examples drawn from child abuse contexts will offer participants an opportunity to apply the ideas to their clinical and supervisory context.

Focus of the Work

In the space I wish to introduce three frames to enable analysis in the supervisory and / or clinical context:

- Commissioning parameters
- Diamonds of the Fifth Province and
- Questions to help the professional to develop a greater 'understanding of self'

Learning Outcomes

The fifth province offers a lens to aid understanding of:

- Commissioning – who is asking us to do what and for whom?
- Interventions, analysis, self-reflection & positioning options
- Ambiguity and ambivalence including one's own in the work: